



# 3<sup>rd</sup> Agile Workout

## 30 May 2017

Hosted by **ING** – Acanthus building,  
Bijlmerdreef 24, 1102 CT Amsterdam

**FREE** for members of Agile Consortium

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After two successful Agile Workouts in 2016 we offer you another opportunity to improve your Agile shape. Go for IT!

Embrace the opportunity to participate in a workshop, facilitated by Agile experts and be inspired! We offer the chance to join one of the five high quality workshops. See details about the 3<sup>rd</sup> Agile Workout in this flyer and the website of the Agile Consortium.

Block your agenda for the Agile Workout on May 30<sup>th</sup> and register asap via <http://www.agileconsortium.net/events/agile-workout-may-30-amsterdam/>. Only a limited number of seats are available!

### Program:

**17:00** Doors open: Come in and have a drink

**17:30** Meet and eat: Meet other Agilists and enjoy dinner

**18:30** Select a workshop to participate in and go for it!

**21:00** You leave inspired (and spread the word)

**FREE** entrance for members of the Agile Consortium

Non-members only pay **50 euro** excl. VAT

*\* Workshops will be in either Dutch or English, depending on the preferences of the attendees.*



# Workshops and Facilitators

## Workshop 1 – Agile KATA

Participants: minimal 8, maximum 24

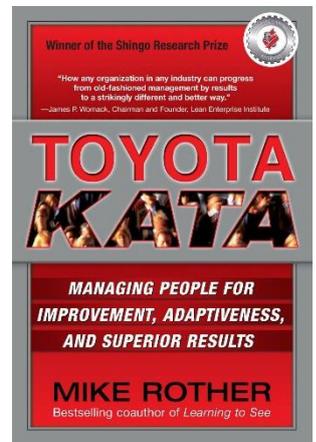
### What is Agile KATA?

In his bestseller book “Toyota KATA” Mike Rother revealed how Toyota is able to continuously improve. Although continuous improvement is interwoven in the Agile principles and methods it often appears that after a while the retrospectives don’t yield that much anymore. The missing part is exactly what Toyota KATA is all about...

### What will this workshop bring?

During this workshop you will:

- Learn what a KATA is and why it is essential in the Agile context
- Experience the essence of both Improvement and Coaching KATA
- Get hints and tips how to get Agile KATA going in your organization



*Facilitator: Lieuwe Zijlstra*



**Lieuwe Zijlstra** has 8 years of experience in Lean and Agile within ING.

## **Workshop 2 – Patterns for agile team performance**

Participants: minimum tbd, maximum tbd

### **What are patterns for agile team performance?**

A "pattern" is a sequence of conditions, events, desires, opinions and rules that lead to behaviours which make certain situations happen. In the case of this workshop such situations are 'successful teams'.

During this workshop you will have the opportunity to shine. That is because, as an agile change agent, you will bring your own unique observations to the table. Of course these are observations that make other people's eyes and ears pop! You confront the participants of this workout with patterns that make agile teams turn into unmistakable successes.

During this workout you will both share and learn about patterns that result in successful agile teams. We use the experience of all participants of this workshop to share patterns for everybody to reuse.

Do you wish to share your patterns and learn about new ones? You are welcome whether you are an experienced pattern master, a novice who doesn't have a clue or anything in between. We'll generate some fun and a lot of useful insights!"

### **What will this workshop bring?**

During this workshop you will:

- Learn what patterns are for agile team performance
- Learn new patterns and be able to share your patterns

*Facilitator: Patrick Verheij*



**Patrick Verheij** is Agility coach & facilitator at Altimos and chairman of the Agile Consortium Netherlands.

## Workshop 3 – Agile Master Chef

Participants: minimum 8, maximum 16

### What is an Agile Master Chef?

In this interactive experience we are a restaurant and have to serve diners to our guests. The various teams of this restaurant have some challenges with working in multiple teams on the same product and having focus on the end-to-end process. Think about lack of visibility of impediments, lack of team interaction, lack of incentives for teams to collaborate and lack of continuous improvement across the program.



In the Agile Master Chef game, we learn to deal with these challenges and learn how to deliver excellent products to our customers by using some Scrum practices to establish visibility, remove impediments, and promote collaboration.

Step out your comfort zone, become an Agile Master chef and join this session!

### What will this workshop bring?

During this workshop you will learn:

- How to utilize Scrum practices on program level to establish visibility, clear impediments and promote collaboration.
- Easy techniques which you can use when multiple teams have to work together on the same product

*Facilitator: Els Verkaik*



**Els Verkaik** is an experienced **Agile coach** and know how to move people, processes and technology in large organisations. With her deep knowledge of Agile approaches, like Scrum, in combination with coaching techniques from **NLP** (Neuro Linguistic Programming) she can inspire and motivate people to do their work successful. She is specialized in building high-performing self-organizing Agile teams. Els worked 20 years in the ICT as a **Project Manager** of Customized Software Development Projects before she became an independent Agile coach. For more information see [www.elsverkaik.nl](http://www.elsverkaik.nl)



## Workshop 5 – SOAP Factory

Participants: minimum 2, maximum 30



The 'AGILE SOAP FACTORY' is an agile scaling game for 3-9 teams. In a few iterations you will learn more about the Scrum framework and collaborating with other Scrum Teams and your Product Owner to create the highest possible value for you company and customers.

You will work as employee of a small retailer that sells custom and handmade personalized gifts. Your purpose: *We deliver soaps that make people happy. They enjoy our products because of craftsmanship, colours, smells and the nice price.*

Participating is exiting and full of lessons to be learned. At the end of the session you will personally deliver the gift, which gives you the possibility to explain the Agile Way of Working to the delighted customer.

*Facilitators: Gerda de Weerd, Thirza Liefing, Manfred van Veghel and Marco Jansma*



My name is **Gerda de Weerd**. I am a change manager with focus on team coaching, leadership development and cultural change. I have worked at Achmea IT as a LEAN consultant for five years of which 1,5 years as an Agile Coach in a pilot project for Achmea. The last year I have been working as an independent contractor for HR ING in the transformation to an Agile organization.



My name **Thirza Liefing** and I have been working for over 18 years at ING. My experience includes change management, call center management, people development. I'm studying for a master in psychology. I have been working with Lean since 2012 and recently adopted the agile way of working. Besides work I love to go running, dancing and spent time with my family and friends.



My name is **Manfred van Veghel**, I am a Lean and Agile Coach and Trainer currently working at ING NL HR. My hobby candle making gave me the inspiration to create the Agile Soap Factory game. You can play the game with starting agile teams or team that would like to explore agile scaling. The results of the game are always very rewarding.



My name is **Marco Jansma**, I coach HRIT DevOps teams and HR Business Scrum Teams at ING. I started out as Scrum Master of IT teams, but agile coaching is really my passion.